



This ride package is full of useful information to assist you in a successful Competitive Trail Ride.

What to do	Where	What to bring with you...
Register and weigh in	Registration table	Everything you and your horse will wear throughout the ride. Find out when your start time is. You will be given your ride package. Return to your horse and record all external marks on your horse on the scoring card.
Pulse and Respiration (P & R)	P and R area	With your horse untacked and the P and R card from your registration package. Your horse's pulse and respiration will be checked and recorded and your horse will be marked with your ride number. Note – carry this card with you the entire ride and present it to the timer and P and R crew at the start, mid and end of the ride.
Vet check	Vetting area	With your horse untacked and the scoring card. The vet will record all marks on your horse and do a thorough pre-check of your horse's health to compare differences during and after the ride. Note: you will be leaving your scoring card with the vet recorder and from now on you will be going back to the same vet. After the vet, tend to your horse giving them lots of hay and water.
Pre ride briefing	Registration table	Without your horse, bring your map and pen. The trail manager will call for the briefing at which time he/she will go over the route you will be taking. Take notes if you like based on the discussion. Ask questions about the ride here.
Prepare for ride	Your trailer	Prepare in advance for your ride out. Make sure you have everything assembled for your ride and your return. TIP make sure all your feed and water is ready for your return.
Start	Start line	Be at the start area 5 minutes before your designated start time. Set your watch to the start clock so that you are consistent.
Mid ride time in	Time in	Present your P and R card to the timer who will give it back to you after your time is marked. Note: watch how much time has been designated for you to do everything. It is your responsibility to ensure you get back out in time. Remember the ride clock is the official time. Relax your horse, sponge them off to lower their pulse, give them water.
Mid ride P and R check	P and R crew	You must present you and your horse <u>AT 10 minutes</u> after timing in. This is your responsibility. Present your P and R card and it will be returned to you. Afterwards, feed and water your horse and yourself.
Mid ride Vet check	Same vet	Go to the same vet you had earlier. Keep track of the time and make sure you are in line and someone knows you are waiting. This is a good time to grab a drink and your lunch. Afterwards, head back and get ready to ride out.
Mid ride time out	Time-out	Present your P and R card to the timer who will give it back to you.
Final time in	Time in	Present your P and R card to the timer who will give it back to you. Follow the same procedures with your horse as last time.
Final P and R	P and R crew	Present your P and R card AT 10 minutes after timing in. It will NOW be kept for final scoring. It will be returned at the awards presentation with your Score card. Feed and water your horse, untack, walk them out.
Final vet check	Same vet	One hour after timing in, present your horse for the final vet check.
Dinner and awards	Registration area	Bring a potluck item if one has been arranged, your lawn chair, a beverage and your stories of the day. Ride scores will be calculated and awards will be given out with score cards.

Some additional useful information for you to know...

The **ride manager** is the person who should always be available to answer any questions you have. The ride manager is thoroughly familiar with the BCCTRA rule book and has the overall authority to ensure that the rules are adhered to.

The **vets and judges** are people who have the final word in the scoring process of all horses. The vet's word is the final word! Please do not argue with the vet or vet recorder at any time during the ride. The vets and all volunteers are an integral part of the structure of CTR competitions. They will be busy doing their best to get you going and out on the trail or through your post ride vet check. Any commend regarding the scores will be directed to the ride manager.

All riders must present their **P and R card and scorecard** at the pre ride vet check. Your scorecard will then be kept by the vet recorder until you and your horse have completed your post ride vet check.

Once you and your horse are presented to the vet at the pre ride vet check, you will then be considered "in ***competition***".

Weighing in is done to determine what division a rider you are in (lightweight or heavyweight). This will be done upon registration at the registration desk. Weight is based on the rider's weight plus the weight of the horses's tack (excluding perishables such as food and water). Senior riders must carry extra weight if they don't meet the minimum weight requirements of 140 lbs.

Ride briefings are held to inform riders of the trail and any additional information they need to compete successfully. They are generally held the evening before the ride after all horses are vetted in or early in the morning of the ride. Bring a pen and make notes on the map (*hazards, potential problem areas, gates, rivers, creeks, watering locations, bridges, junctions and wildlife will be pointed out*). Note what color of ribbons to follow and signage.

The **pre ride vet check** will be done with your horse untacked and your horse will be given a number on their rump. The **post ride vet check** will be done with your horse untacked and with dry legs. You will present your horse to the vet one hour after crossing the finish line.

Pulse and respiration cards (P and R cards): This card (*level 1 yellow, level 2 blue, level 3 red*) must be carried on you at all times during the ride. It will be presented at all vet checks including the pre and post ride and on the trail. It will also be given to the timer on the way in and out of the gate. Please do not lose it and if wet, carry it in a baggie. It will be returned to you with your scorecard at the end of the ride.

P and R checks are AT 10 minutes after timing in. It is the rider's responsibility to present their horse on time for the P and R check. Make sure to watch the time carefully as you will be deducted points for presenting late for a P and R check. A rider may request a "***recount***" on a P and R as long as it is taken immediately and preferably by another P and R person. The read will only change if the recount is more than a two beat difference from the former reading.

All riders must present themselves to the vet in the order they finished and not whether they are level 1, 2 or 3.

The ride clock outside the ride office or by the start line will be the official time for the ride. Set yours by it.

Ride your own ride, ride safe and have a great time.