

BCCTRA Pulse and Respiration Rider Card

Keep this card with you at all times during competition!

Given ride time for level: _____

HORSE #: _____ RIDER's NAME: _____

RIDE: _____ DATE: _____

	Start /Finish	Check 1	Check 2	Check 3	Finish Line
TIME IN					
TIME OUT					
	Pre ride				
PULSE					
RESPIRATION					

HOLDS FOR P&R: Hold for high P and R score. If horse does not recover after 2 holds it is disqualified from competition. 10 pt deduction per hold and add 10 min per hold to rider's optimal time.

Hold deductions	P	R
10 minute hold		
10 minute hold		

TOTAL TIME HELD OVER: _____

TOTAL RIDE TIME (Start to finish plus time holds): _____ Time over/under: _____

LATE to P&R (-10 pts): Check 1 ___ Check 2 ___ Check 3 ___ Total late deductions: _____

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